



Dojo News

<http://www.ScottHayesKarate.com>

April 2006

The year is heating up. There are lots of events planned this year so keep an eye on the calendar. Remember the Dojo web site has the calendar for the whole year on it. If you can think of any events you would like to see, please let Sensei or Nancy know.

NWC V: No Whiners Camp V is coming in May. This is a very high intensity camp held in Virginia Beach the weekend before Memorial day. This is NWC is Friday May 19, Saturday May 20, and Sunday May 21. If you are interested in going, please see Sensei. Due to the high intensity nature of the camp, you must have Sensei's approval to attend the camp.

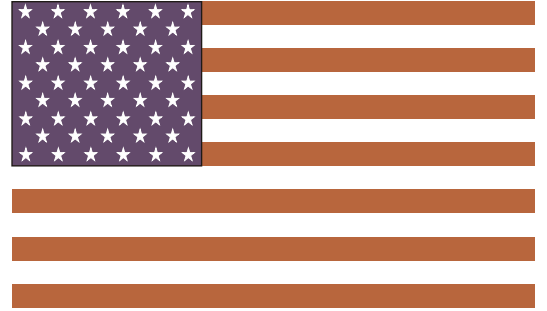
Spring Break Day Camp. Sensei Shaun will run the Spring Break Day Camp April 17-21. The camp will have lots of karate training and lots of fun. Get your name on the list as soon as possible to save your spot.

Dragon & Little Dragon Mini Camp is April 28-30. The camp will start Friday night at 6 PM. I'm looking forward to a great weekend of training and a bit of fun, so don't forget to put your name up on the sign-up board. There will be a sleep over Saturday night. It is all right to miss part of the camp if you have soccer or baseball games, or other activities.

The Dojo will be closed for the Dragon & Little Dragon Mini Camp on the following days: Friday April 28, Saturday April 29, and Sunday April 30. There will be no regular classes Friday or Saturday.

March Promotion List Inside

Students of the Month
Little Dragons - Jeremiah Gaulding
Dragons - Phillip Auby
Adult / Teens - TBA



Schedule

<http://ScottHayesKarate.com/news/calendar.cfm>

April 21
BBC 5:45
April 17 - 21
Spring Break Day Camp
April 28-29-30
Dragon & Little Dragon
Mini-Camp
April 28-29-30
NO REGULAR CLASSES
May 5
LT 7:15
May 12
BBC 5:45
May 19-20-21
No Whiners Camp V
Virginia Beach
DOJO CLOSED
May 27
Memorial Day Weekend
DOJO CLOSED
May 29 Memorial Day
DOJO CLOSED
June 2
LT 7:15
June 9
BBC 5:45

Let Black Belt Be Your Goal



New Students – Welcome to the Dojo!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

Graham Bradfield
Brandon Matthews

Wayne Matthews
Logan Montgomery

Sean Wells
John Tyler Anderson

Dhanyal Khan

April

Michael Harvey	4/2
Logan Montgomery	4/8
Matthew Huffman	4/11
Cheyenne Ward	4/15
Trip Gilmore	4/18
Natalie Moore	4/20
Sarah Wandersee	4/25
Emily May	4/29

BIRTHDAY PARTIES

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

Black Belt Club

Adults

Jeff Browne
Bob Brest
Nancy Brest
Kathy Adams

Dragons

Antjuan Walker
Stephanie Adams
Jake LaFrance
Alex Browne
Cheyenne Ward
Emmanuel Feygelson
Hunter Schmitz
Emmit Necaise
Shelby Pantel

Dragons Cont.

Joesph Pritchard
Tyler Mueller
Andrew Maeso
Michael Pratt
C.W. Wood
Katie Carrubba
Ian Wildeman
Joey Link
Trip Gilmore

Teens

Matthew Abeyounis
Brittany Browne
Antuan Byalik
Richard Hudnall
Lev Feygelson
Shaun Brest
Sebastian Brock

Teens Cont.

Jesse Harrison
Zach Hudnall
Clint LaFrance
Ryan Salnoske
Kayla Rupp
Caitlin Wallace
Max Devine

Leadership Team

D.E.L.T.A Force

Matthew Abeyounis
Jeff Browne
Brittany Browne
Shaun Brest
Bob Brest
Antuan Byalik
Lev Feygelson

S.W.A.T. II

Vanessa Menendez
Zach Hudnall
Glenn Stamps
Sebastian Brock

S.W.A.T.

Richard Hudnall
Clint LaFrance
Antjuan Walker
Emmanuel Feygelson
Stephanie Adams
Alex Browne
Jake LaFrance
Cheyenne Ward
Jacob Stein
Michael Harvey
Randy Mozzillo

S.T.O.R.M.

Max Devine
Emmit Necaise
Jamie Bourgeois
Hunter Schmitz
Trevor Tippet
Trevor Jansen
Connor McCarthy-Cruse
Victoria McCarthy-Cruse
Tyler Mueller
Joseph Pritchard

S.T.O.R.M. cont.

Shelby Pantel
Andrew Maeso
Catlin Wallace
Kayla Rupp
Ashley Wandersee
Trip Gilmore
C.W. Wood
Ian Wildemann

Sensei's Corner

March Promotions

Adults

Jack Diaz - Jukyu Orange Belt
Philip Prince - Mukyu Gold Belt
Irain Visalden - Jukyu Orange Belt
Roberto Flores - Jukyu Orange Belt
Bert Grenoble - Hachikyu Blue Belt
Ryan Campbell - Hachikyu Blue Belt
Cecilia Montes - Hachikyu Blue Belt
Ingrid Fournier - Nanakyu Blue Belt
Michael Harvey - Rokukyu Green Belt
Shawn Craig - Rokukyu Green Belt
Roland Hautsch - Gokyu Green Belt
Cheryl Browne - Ikkyu Brown Belt
Nancy Brest - Ikkyu Brown Belt
Kathy Adams - Shodan-Ho

Dragons

Trevor Davis - Junior Gold Belt
Phillip Auby - Junior Orange Belt
Megan Link - Junior Purple Belt
Katie Carrubba - Junior Blue Belt 1
Ashley Wandersee - Junior Blue Belt 1
Collin Parks - Junior Blue Belt 1
Brandon Parks - Junior Blue Belt 1
Sarah Wandersee - Junior Blue Belt 1
Eric Workman - Junior Blue Belt 2
Trip Gilmore - Junior Blue Belt 2
Ricardo Flores - Junior Blue Belt 2
Demetri Workman - Junior Blue Belt 3
Joey Link - Junior Blue Belt 3
Shelby Pantel - Junior Green Belt 2
Emmit Necaize - Junior Green Belt 3
Victoria McCarthy-Cruse - Junior Green Belt 3
Jamie Bourgeois - Junior Green Belt 3
Andrew Maeso - Junior Green Belt 3

Little Dragons

Sophie Moore - Junior Gold + White Belt
Connor McKeown - Junior Gold + White Belt
Cameron Saville - Junior Gold Belt
Anthony Abridello - Junior Gold Belt
Michael Adelson - Junior Orange Belt
Alyson Wandersee - Junior Orange Belt
Daniel Smith - Junior Purple + White Belt
James Grenoble - Junior Purple + White Belt
Meghan Boyd - Junior Purple Belt
Carter Gilmore - Junior Purple Belt
Ian Wildeman - Junior Purple Belt
Justin Boyd - Junior Purple Belt
Jeremiah Gaulding - Junior Purple Belt
CW Wood - Junior Blue Belt 2

Teens

Alan Hancock - Mukyu Gold Belt
Natalie Moore - Kukyu Purple Belt
Tyler Mueller - Rokukyu Green Belt
Randy Mozzillo - Rokukyu Green Belt
Kayla Rupp - Yonkyu Green Belt
Connor McCarthy-Cruse - Yonkyu Green Belt
Max Devine - Nikkyu Brown Belt
Jake LaFrance - Junior Black Belt 3
Alex Browne - Junior Black Belt 3

April 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1-A
2-B	3-C	4-D	5-E	6-B	7-C	8-D
9-E	10-A	11-C	12-D	13-E	14-A	15-B
16-D	17-E	18-A	19-B	20-C	21-E BBC 5:45	22-A
23-B	24-C	25-D	26-A	27-B	28-C	29-D
30-E		Dragon & Little Dragon Mini Camp				
<p>A: Basic Hand and Foot Techniques, +/- Kata D: Self-Defense, Ukemi waza, B: Kata, Terminology, Philosophy Grabbing Techniques, Etc. C: One-Steps, Yakusoku Kumite, Sparring E: Kata and/or Bunkai</p>						