



# Dojo News

<http://www.ScottHayesKarate.com>

January 2008

## Happy New Year

Happy New Year! I want to thank each of you for making 2007 such a wonderful year. I have many fond memories: Winter Camp, NWC, tests, Mini-Camps, and Weapons Camp.. 2008 is going to be a great year. This Summer the Okinawans are coming to Washington DC for a big Summer Camp. Please check the calendar as well as the web site for events, this year is going to be busy!

The big event this month is the Dragon and Little Dragon Mini-Camp. The Mini-Camp starts Friday January 25th at 6 PM. Friday night we will have a sleep over, and Saturday we will have a pizza Lunch. Sensei Scott is planning some special activities to keep everyone on their toes.

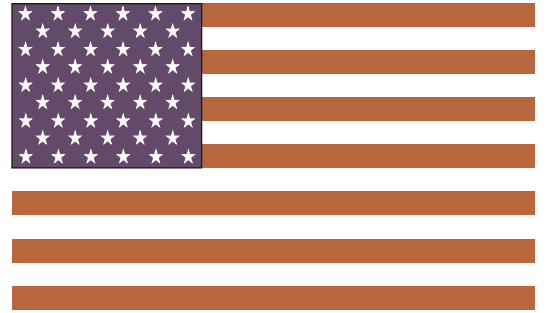
Spread the word: *The Dojo needs new White Belts*. Tell your friends about the dojo. Bring your friends to the dojo. You can get a free week pass from Miss Nancy in the office. Teens and adults, get into the action too, tell your friends!

Winter Weather can change road conditions quickly. If you need to leave because of road conditions, please let the instructor know. If the Dojo closes due to weather, there will be a message on the Dojo voice mail and on the web site.

This spring we have two big camps. Winter Camp is February 15-16-17. We will be using the Nazarene Camp again this year. Please see the flyer for more information. No Whiners Camp is May 16-17-18 in Virginia Beach. Remember, the NWC is a select camp. If you want to get selected work hard in class and show Sensei that you want to attend.

### *Students of the Month*

Little Dragons - Dhanyal Khan  
Dragons - Andrew Maeso  
Adult / Teens - Jessica Fuhs



### **Schedule**

<http://ScottHayesKarate.com/news/calendar.cfm>

January 1

New Years Day  
DOJO CLOSED

January 4

BBC 6:00 PM

January 4

LT 6:45 PM

January 25-26

Dragon & Little Dragon  
Mini-Camp

February 1st

Deadline for  
Winter Camp Applications

February 1st

BBC 6:00 PM

February 1st

LT 6:45 PM

February 15-16-17

Winter Camp

March 21 and 22

Teen & Adult Mini Camp

May 16-17-18

No Whiners Camp

*August 2008*

*Okinawan Summer Camp  
Washington DC*

**Let Black Belt Be Your Goal**



### January

Antuan Byalik 1/9  
 Sergey Shurkov 1/10  
 Alec Sassi 1/12  
 Hunter Schmitz 1/14  
 Pat Quinn 1/23  
 Matthew Nunez 1/29

### BIRTHDAY PARTIES

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

## New Students – Welcome to the Dojo!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

## Black Belt Club

### Adults

Jeff Browne  
 Bob Brest  
 Nancy Brest  
 Kathy Adams

### Teens Cont.

Alex Browne  
 Jamie Bourgeois  
 Tyler Mueller  
 Joesph Pritchard

### Dragons Cont.

Michael Adelson  
 Carter Gilmore  
 Demitry Workman  
 Eric Workman  
 Megan Link  
 Meghan Boyd  
 Ben Hancock

### Teens

Matthew Abeyounis  
 Brittany Browne  
 Antuan Byalik  
 Richard Hudnall  
 Lev Feygelson  
 Shaun Brest  
 Sebastian Brock  
 Joey Prichard  
 Caitlin Wallace  
 Antjuan Walker  
 Stephanie Adams  
 Jake LaFrance

### Dragons

Emmanuel Feygelson  
 Hunter Schmitz  
 Emmit Necaise  
 Andrew Maeso  
 Michael Pratt  
 C.W. Wood  
 Katie Carrubba  
 Ian Wildeman  
 Joey Link  
 Trip Gilmore

### Little Dragons

Mac Avery

## Leadership Team

### D.E.L.T.A Force

Matthew Abeyounis  
 Jeff Browne  
 Brittany Browne  
 Shaun Brest  
 Bob Brest  
 Antuan Byalik  
 Lev Feygelson  
 Sebastian Brock

### S.W.A.T.

Antjuan Walker  
 Emmanuel Feygelson  
 Stephanie Adams  
 Alex Browne  
 Jake LaFrance  
 Steve Bateman  
 Kathy Adams  
 Jamie Bourgeois  
 Hunter Schmitz  
 Ashley Wandersee  
 Trip Gilmore  
 Shawn Craig

### S.W.A.T. Cont.

Jessica Fuhs  
 Rosie McCollough  
 Joey Link  
 Sarah Wandersee  
 Demitry Workman  
 Katie Carubba  
 Megan Boyd  
 Andrew Maeso

### S.T.O.R.M.

Trevor Jansen  
 Connor McCarthy-Cruse  
 Victoria McCarthy-Cruse  
 Tyler Mueller  
 Catlin Wallace  
 C.W. Wood  
 Ian Wildemann  
 Magan Link  
 Carter Gilmore  
 Jeremiah Gauling  
 Ben Hancock

# Sensei's Corner

## December Promotions

### Dragons

Brian Grube -- Junior Gold Belt  
Seth Berry -- Junior Gold Belt  
Joseph Grube -- Junior Gold Belt  
William Lindsay -- Junior Orange Belt  
Meredith Woessner -- Junior Orange Belt  
Colin Morgan -- Junior Orange Belt  
Ethan Berry -- Junior Orange Belt  
Ben Woessner -- Junior Blue Belt 1  
Scott Whitlock -- Junior Blue Belt 1  
Jacob Crowson -- Junior Blue Belt 1  
Benjamin Hancock -- Junior Green Belt 1  
Eric Workman -- Junior Green Belt 3  
Clarence Nguyen -- Junior Purple Belt 2  
Katie Carrubba -- Junior Purple Belt 2  
Ian Wildeman -- Junior Purple Belt 2  
Megan Link -- Junior Purple Belt 2  
Meghan Boyd -- Junior Purple Belt 3  
Joey Link -- Junior Brown Belt 1  
Trip Gilmore -- Junior Brown Belt 1  
Demetri Workman -- Junior Brown Belt 1  
Michael Pratt -- Junior Brown Belt 1  
CW Wood -- Junior Brown Belt 2  
Victoria McCarthy-Cruse -- Junior Brown  
Andrew Maeso -- Junior Black Belt 3  
Hunter Schmitz -- Junior Black Belt 3  
Emmanuel Feygelson -- Junior Black Belt 4

### Little Dragons

Randolf Jordan -- Junior Gold + White Belt  
Matthew Nuez -- Junior Gold Belt  
Ethan Ott -- Junior Gold Belt  
Emily Morgan -- Junior Gold Belt  
Patrick Maloon -- Junior Gold Belt  
Micah Kriner -- Junior Gold Belt  
Caleb Kriner -- Junior Gold Belt  
Ethan Hancock -- Junior Orange + White Belt  
Tanita Santiago -- Junior Orange + White Belt  
Talia Santiago -- Junior Orange + White Belt  
Sergey Shurkov -- Junior Orange Belt  
Mac Avery -- Junior Blue + White Belt  
Julie McCullough -- Junior Blue + White Belt  
Dhanyal Khan -- Junior Blue + White Belt  
Cameron Saville -- Junior Blue Belt 2

### Teens

Alec Sassi -- Nanakyu Green Belt  
Ashley Wandersee -- Sankyu Brown Belt  
Brittany Browne -- Nidan

### Adults

Russ Baldwin -- Jukyu Gold Belt  
Leslie Keys -- Jukyu Gold Belt  
Wayne Hancock -- Jukyu Gold Belt  
Corey Aldeson -- Hachikyu Blue Belt  
Jessica Fuhs -- Hachikyu Blue Belt  
Rosie McCullough -- Hachikyu Blue Belt

# January 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1-A <b>DOJO CLOSED</b>	2-B	3-C	4-D BBC 6:00 PM LT 6:45 PM	5-E
6-B	7-C	8-D	9-E	10-A	11-C	12-D
13-E	14-A	15-B	16-D	17-E	18-A	19-B
20-C	21-E	22-A	23-B	24-C	25-D <b>Dragon &amp; L. Dragon Mini Camp</b>	26-A <b>Dragon &amp; L. Dragon Mini Camp</b>
27-B <b>Dragon &amp; L. Dragon Mini Camp</b>	28-C	29-D	30-E	31-C		
		A: Basic Hand and Foot Techniques, +/- Kata B: Kata, Terminology, Philosophy C: One-Steps, Yakusoku Kumite, Sparring D: Self-Defense, Ukemi waza, Grabbing Techniques, Etc. E: Kata and/or Bunkai				