



Dojo News

<http://www.ScottHayesKarate.com>

January 2006

Happy New Year!

I want to wish everyone a Happy New Year. There are several changes that go into effect January 2nd. Please read the newsletter carefully. Please check the calendar for the schedule of events several camps have changed dates.

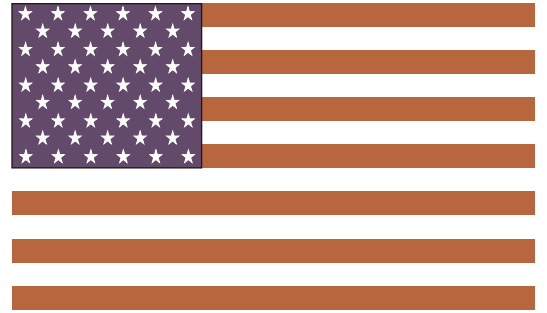
New Dragon Class Schedule: We are splitting the Dragon Class up to provide more rank focused training. Monday and Wednesday at 5:45 P.M. will be Advance Dragons classes, and Tuesday and Thursday at 5:45 P.M. will be Beginner Dragon classes. The Friday and Saturday classes are staying the same. White Belts through and including Jr. Blue Belt 1 (Blue belt no white stripe) are Beginner Dragons. Jr. Blue Belt 2 (Blue belt with one white stripe) and up are Advance Dragons. Dragons that know Passai Sho can attend the Advance class on Tuesday at 7:15 P.M. and Thursday at 6:30 P.M..

Dragon & Little Dragon Mini-Camp will be January 20-22. Please note the date change. This camp is now a week earlier. The Schedule is: Friday 6 PM to 8 PM; Saturday 9 AM to 8 PM; Sunday 9 AM to Noon.

Winter Camp is changing this year. Winter Camp will be held at the Virginia District Camp Ground in Buckingham County out near Farmville. This is where we had Weapons Camp. The dates for the camp are February 17-18-19. It's a great place to have a training camp: Large Gym, nice dining facilities, and great staff. See the flyer for more information.

Students of the Month

Little Dragons - Rebecca Shannon
Dragons - Sarah Wandersee
Adult / Teens - Bob Brest



Schedule

<http://ScottHayesKarate.com/news/calendar.cfm>

January 6
LT 7:15
January 13
BBC 5:45
January 20-21-22
Little Dragon & Dragon Mini Camp
No Regular Classes Friday and Saturday
February 3
LT 7:15
February 10
BBC 5:45
February 17-18-19
Winter Camp
Buckingham County
Dojo Closed
March 3
LT 7:15
March 10
BBC 5:45
April 7
LT 7:15
April 14
BBC 5:45
May 19-20-21
No Whiners Camp V
Virginia Beach

Let Black Belt Be Your Goal



New Students – Welcome to the Dojo!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

Connor McKeown

Brandon Malach

Jonathan Kruszewski

January

Mathew Huffman 1/4

Antuan Byalik 1/9

Hunter Schmitz 1/14

Ann Marie May 1/21

Frank May 1/21

Christian May 1/21

BIRTHDAY PARTIES

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

Black Belt Club

Adults

Jeff Browne
Bob Brest
Nancy Brest
Kathy Adams

Dragons

Antjuan Walker
Stephanie Adams
Jake LaFrance
Alex Browne
Cheyenne Ward
Emmanuel Feygelson
Hunter Schmitz
Emmit Necaise

Dragons Cont.

Shelby Pantel
Joesph Pritchard
Tyler Mueller
Andrew Maeso
Michael Pratt
C.W. Wood
Katie Carrubba
Ian Wildeman

Teens

Matthew Abeyounis
Brittany Browne
Antuan Byalik
Richard Hudnall
Lev Feygelson
Will Leet
Shaun Brest
Sebastian Brock

Teens Cont.

Jesse Harrison
Zach Hudnall
Clint LaFrance
Kevin Hutchinson
Jessica Myers
Ryan Salnoske
Kayla Rupp
Caitlin Wallace
Max Devine

Leadership Team

D.E.L.T.A Force

Matthew Abeyounis
Jeff Browne
Brittany Browne
Shaun Brest
Bob Brest
Antuan Byalik
Lev Feygelson

S.W.A.T. II

Vanessa Menendez
Zach Hudnall
Glenn Stamps
Sebastian Brock

S.W.A.T.

Richard Hudnall
Clint LaFrance
Antjuan Walker
Emmanuel Feygelson
Stephanie Adams
Alex Browne
Jake LaFrance
Cheyenne Ward
Jacob Stein
Michael Harvey

S.T.O.R.M.

Jessica Myers
Kevin Hutchinson
Max Devine
Emmit Necaise
Jamie Bourgeois
Hunter Schmitz
Trevor Tippett
Trevor Jansen
Connor McCarthy-Cruse
Victoria McCarthy-Cruse

S.T.O.R.M. cont.

Tyler Mueller
Joseph Pritchard
Shelby Pantel
Andrew Maeso
Catlin Wallace
Kayla Rupp
Ashley Wandersee
Trip Gilmore
C.W. Wood
Ian Wildemann

December Promotions

Adults

Kathy Adams - Ikkyu Brown Belt
Nancy Brest - Nikkyu Brown Belt
Roland Hautsch - Rokukyu Green Belt
Michael Harvey - Nanakyu Blue Belt
Shawn Craig - Nanakyu Blue Belt
Bert Grenoble - Kukyu Purple Belt
Cecilia Montes - Kukyu Purple Belt
Ryan Campbell - Kukyu Purple Belt
Irain Visalden - Mukyu Gold Belt
Roberto Flores - Mukyu Gold Belt

Teens

Antjuan Walker - Shodan-Ho
Stephanie Adams - Junior Black Belt 4
Alex Browne - Junior Black Belt 2
Jake LaFrance - Junior Black Belt 2
Max Devine - Sankyu Brown Belt
Kayla Rupp - Gokyu Green Belt
Connor McCarthy-Cruse - Gokyu Green Belt
Allison Moore - Nanakyu Blue Belt
Randy Mozzillo - Nanakyu Blue Belt
Joseph Prichard - Junior Blue Belt 3
Natalie Moore - Jukyuu Orange Belt

Dragons

Emmanuel Feygelson - Junior Black Belt 2
Hunter Schmitz - Junior Brown Belt 2
Andrew Maeso - Junior Green Belt 2
Emmit Necaise - Junior Green Belt 2
Jacob Stein - Junior Green Belt 2
Jamie Bourgeois - Junior Green Belt 2
Victoria McCarthy-Cruse - Junior Green Belt 2
Shelby Pantel - Junior Green Belt 1
Clarence Nguyen - Junior Blue Belt 3

Dragons Cont.

Trevor Jansen - Junior Blue Belt 3
Tyler Mueller - Junior Blue Belt 3
Demetri Workman - Junior Blue Belt 2
Joey Link - Junior Blue Belt 2
Ricardo Flores - Junior Blue Belt 1
Trip Gilmore - Junior Blue Belt 1
Ashley Wandersee - Junior Purple Belt
Brandon Parks - Junior Purple Belt
Collin Parks - Junior Purple Belt
Katie Carrubba - Junior Purple Belt
Sarah Wandersee - Junior Purple Belt
William Hautsch - Junior Purple + White Belt
Christian May - Junior Orange Belt
Emily May - Junior Orange Belt
Nicholas Visalden - Junior Orange Belt
Alexander Bailey - Junior Gold Belt
Ann Marie May - Junior Gold Belt
Frank May - Junior Gold Belt
Joshua Phillips - Junior Gold Belt

Little Dragons

CW Wood - Junior Blue Belt 1
Carter Gilmore - Junior Purple + White Belt
Ian Wildeman - Junior Purple + White Belt
Justin Boyd - Junior Purple + White Belt
Megan Link - Junior Purple + White Belt
Meghan Boyd - Junior Purple + White Belt
Adam Stein - Junior Orange Belt
Daniel Smith - Junior Orange Belt
James Grenoble - Junior Orange Belt
Alyson Wandersee - Junior Orange + White Belt
Michael Adelson - Junior Orange + White Belt
Andrew Simko - Junior Gold + White Belt
Rebecca Shannon - Junior Gold + White Belt

January 2006

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|--|-----------|----------|--|--|
| 1-A | 2-B | 3-C | 4-D | 5-E | 6-B LT 7:15 | 7-C |
| 8-D | 9-E | 10-A | 11-C | 12-D | 13-E BBC 5:15 | 14-A |
| 15-B | 16-D | 17-E | 18-A | 19-B | 20-C Dragon & Little Dragon Mini-Camp | 21-E Dragon & Little Dragon Mini-Camp |
| 22-A Dragon & Little Dragon Mini-Camp | 23-B | 24-C | 25-D | 26-A | 27-B | 28-D |
| 29-D | 30-E | 31-C | | | | |
| | | A: Basic Hand and Foot Techniques, +/- Kata B: Kata, Terminology, Philosophy C: One-Steps, Yakusoku Kumite, Sparring D: Self-Defense, Ukemi waza, Grabbing Techniques, Etc. E: Kata and/or Bunkai | | | | |