



Dojo News

<http://www.ScottHayesKarate.com>

June 2007

Welcome to June! Summer is a busy time with school being out and going on vacations. Remember to keep training! Keep an eye on the calendar and the bulletin board to see what's coming up.

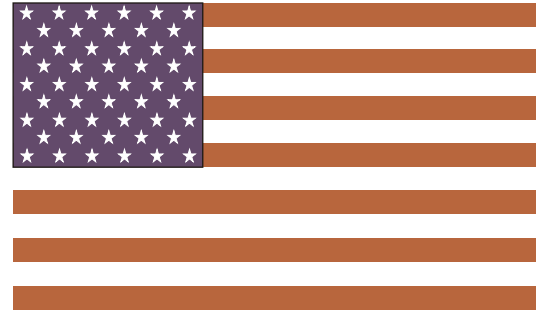
Summer Schedule: We are starting a new schedule this summer. Little Dragons will have class Monday, Tuesday, Wednesday, and Thursday at 5 PM. We are adding the **Tuesday class** for the Little Dragons. The Dragon class will be **all ranks** Monday, Tuesday, Wednesday, Thursday, and Friday at 5:45 PM. The Adult and Teen class will be Monday, Tuesday, Wednesday, Thursday, and Friday at 6:30 PM. Adult Weapons class is Monday at 7:15 PM. Advance Class is Tuesday at 7:15 PM. The Open Weapons Class is at 5 PM on Friday. Black Belt Club and Leadership Team Classes will be as scheduled.

No Whiners Camp VI was great. The camp started a little cold and damp, but it warmed up and dried out as the weekend progressed. Everyone worked hard and had a great, sweaty time. 21 people came to train and there were 8 spectators. Special thanks go out to Jason Kriner, Betsy Boyd, Stephanie and Tom Bourgeois, Heather and Charlie Wood, Wayne Hancock, and CA Cruse and Pat McCarthy-Cruse for helping with the camp. The dates have been set for NWC 7, May 16, 17, and 18 2008.

Warwick Blvd construction may cause traffic delays. If you are running late, come in quietly. Get your card and wait by the edge of the mat to join class. It is important to come to class even if you are late.

Students of the Month

Little Dragons - Justin Boyd
Dragons - Sarah Wandersee
Adult / Teens - Sebastian Brock



Schedule

<http://ScottHayesKarate.com/news/calendar.cfm>

June 1

Leadership Team 7:15

June 8

BBC 5:45

June 22-23

Teen & Adult
Mini Camp
Test

June 28

Belt Presentation

July 4 - 5 - 6

July 4th
DOJO CLOSED
Wednesday - Friday

July 9

Monday
Dojo back to
Normal Schedule

July 27

Sensei's Challenge
5:30 PM - 8 PM
LT and BBC members
SHOULD ATTEND

TBA

Summer Camp at the Dojo
Thursday – Black Belts Only
Friday – All ranks
Saturday – All ranks

TBA

Summer Break Day Camp

Let Black Belt Be Your Goal



June

Demetri Workman 6/5
Alexander Baliey 6/12
Phillip Auby 6/13
Helen Grenoble 6/13
Jessica Fuhs
Shaun Brest 6/16
Chaz Dalton 6/17

BIRTHDAY PARTIES

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

New Students – Welcome to the Dojo!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

Black Belt Club

Adults

Jeff Browne
Bob Brest
Nancy Brest
Kathy Adams

Teens Cont.

Alex Browne
Jamie Bourgeois
Tyler Mueller
Joesph Pritchard

Dragons Cont.

Michael Adelson
Carter Gilmore
Demetry Workman
Eric Workman
Megan Link
Meghan Boyd
James Grenoble
Ben Hancock

Teens

Matthew Abeyounis
Brittany Browne
Antuan Byalik
Richard Hudnall
Lev Feygelson
Shaun Brest
Sebastian Brock
Joey Prichard
Caitlin Wallace
Antjuan Walker
Stephanie Adams
Jake LaFrance

Dragons

Emmanuel Feygelson
Hunter Schmitz
Emmit Necaie
Andrew Maeso
Michael Pratt
C.W. Wood
Katie Carrubba
Ian Wildeman
Joey Link
Trip Gilmore

Leadership Team

D.E.L.T.A Force

Matthew Abeyounis
Jeff Browne
Brittany Browne
Shaun Brest
Bob Brest
Antuan Byalik
Lev Feygelson
Sebastian Brock

S.W.A.T.

Antjuan Walker
Emmanuel Feygelson
Stephanie Adams
Alex Browne
Jake LaFrance
Michael Harvey
Steve Bateman
Kathy Adams
Jamie Bourgeois
Hunter Schmitz
Ashley Wandersee
Trip Gilmore

S.W.A.T. Cont.

Joey Link
Sarah Wandersee
Demetry Workman
Katie Carubba
Megan Boyd

S.T.O.R.M. Cont.

Andrew Maeso
Catlin Walace
C.W. Wood
Ian Wildemann
Magan Link
Alison Moore
Natalie Moore
Carter Gilmore

S.T.O.R.M.

Emmit Necaie
Trevor Jansen
Connor McCarthy-Cruse
Victoria McCarthy-Cruse
Tyler Mueller

Sensei's Corner

Dojo T-Shirts

During the warmer parts of the year, some students like to wear a dojo T-Shirt in place of their gi top. You can get the dojo T-shirts in the front office. Only dojo T-shirts may be worn in place of the gi top, other T-shirts are not allowed.

Water

As it gets warmer, you need to drink more water. It is important to drink water *before* and *after* class. It takes the water that you drink about 30 minutes to get into your system. Parents, please encourage your child to get a drink of water before class.

Lost and Found

The lost and Found box is in the boys locker room. Parents, please check through the lost and found to see if your child has left anything. We just had a mini-camp, so the box is more full than normal

Jewelry

In the interest of safety, jewelry and watches should not be worn during class. They can get damaged, or injure yourself or another student. Wedding rings and religious items may be worn. Small, non-dangling earrings are permitted.

Shoes

The weather is getting better! Please remember that Sensei likes to go outside when the weather is nice. You should bring with you shoes that you can run and kick in.

Sparring Gear

The Dojo has limited sparring gear students may borrow for sparring class. Students should have their own set of sparring gloves by the time they are Orange belts. They should have their own sparring helmet by the time they are Blue belts. Don't forget the mouth pieces. Hey guys, groin protection is required so wear an athletic cup. Please remember to put your name or initials on ALL of your sparring gear. You can get all your sparring needs at the dojo.

Summer Camp at the Dojo

I am beginning to plan a big Summer Camp at the dojo. I have not set any dates yet. I am looking at either the first or second week in August. The Camp days would be Thursday, Friday, and Saturday. Thursday would be for Black Belts only. Friday and Saturday would be for all ranks. I am planning on inviting Kyoshi Welch (7th Degree Black Belt) to visit either Friday or Saturday. If you have any preference for which week is better for you, please let Miss Nancy know.

Summer Break Day Camp

We are thinking about having two weeks of Summer Break Day Camp: Monday August 20 - Friday August 31. We will need a minimum of 8 students each week to hold the camp. If you are interested please let Miss Nancy know ASAP!

