Dojo News

http://www.ScottHayesKarate.com **October 2005** http://www.usashorinryu.org

October brings the winds of change. We are looking forward to the cooler weather of fall. Fall will be a busy time so check the calendar to see what special events are planned.

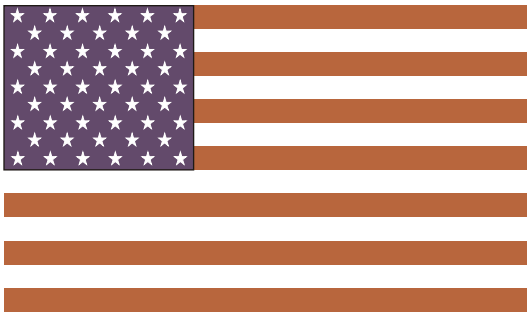
Fall Dojo Picnic. Susan Stein is organizing the Fall Dojo Picnic for Sunday, October 9 from Noon to 4 PM. We have reserved the same shelters at Newport News Park (#13 and #14). Last year's picnic was a fantastic time. I hope everyone will be able to attend. Check out the sign-up lists for anything you can bring or for anything you can do to help out.

Little Dragon and Dragon Mini-Camp will be Friday, October 14 through Sunday, October 16. The Friday night training will be from 6 PM to 9 PM. Saturday's training will be from 9 AM to noon, 1 PM to 5 PM, and 7 PM to 9 PM. Sunday's training will be from 9 AM to noon.

Dragon Class re-structuring: The Dragon class has grown and I need to restructure it to reduce class size. We are looking at two plans which will have days for sub-groups of students. We are looking to separate the groups into white belts through blue belt 1 (Beginner), and blue belt 2 and higher (Advance). Plan 1: The Tuesday Dragon class would become the Advance Dragon class and the Thursday Dragon class would be the Beginner Dragon class. Plan 2: Monday and Wednesday would be Advance Dragons classes, and Tuesday and Thursday would be Beginner Dragon classes. The Friday and Saturday classes would stay the same. I will be sending a questionnaire out to get your feedback. My overall purpose is to continue to provide excellent classes for all my students

Students of the Month

Little Dragons - Megan Link
Dragons - Cheyenne Ward
Adult / Teens - Cheryl Browne



Schedule

http://ScottHayesKarate.com/news/calendar.cfm

October 7
LT & BBC 5:45 PM
October 9
Dojo Picnic @ Newport News Park
October 14-15-16
Dragon Mini-Camp
October 22
Karate Tournament
Hampton High School
October 29
Halloween Party 6 PM
November 4
Lt 5:45
November 18-19-20
NASKA WEAPONS CAMP
November 24
Thanksgiving
Dojo CLOSED
November 25
BBC 5:45
December 16-17-18
Adult & Teen Mini Camp
December 22
Belt Presentation

Let Black Belt Be Your Goal

October
Jared Johnson 10/5
Emmanuel Feygelson 10/9
Connor McCarthy-Cruse 10/18
Michael Prat 10/18
Jacob Stein 10/26

November
Rebecca Shannon 11/3
Marc Bryant 11/5
Bob Brest 11/9
Jake Wertheimer 11/14
Sebastian Brock 11/17
Zach Hudnall 11/19
Jake LaFance 11/19
Matthew Abeyounis 11/20
William Hautsch 11/21
Sensei 11/27
Tyler Mueller 11/29
Cameron Brewer 11/29

BIRTHDAY PARTIES
Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

New Students – Welcome to the Dojo!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

Haley Marclis
Joshua Phillips
Kelsie Hayes
Mathew Stewart
Sarah Beane
Patrick Massey
Andrew Simko

Black Belt Club

Adults
Jeff Browne
Bob Brest
Nancy Brest
Kathy Adams

Dragons
Antjuan Walker
Stephanie Adams
Jake LaFrance
Alex Browne
Cheyenne Ward
Emmanuel Feygelson
Hunter Schmitz

Dragons Cont.
Emmit Necaise
Shelby Pantel
Joesph Pritchard
Tyler Mueller
Andrew Maeso
Michael Pratt
C.W. Wood

Teens
Matthew Abeyounis
Brittany Browne
Antuan Byalik
Richard Hudnall
Lev Feygelson
Will Leet
Shaun Brest
Sebastian Brock

Teens Cont.
Jesse Harrison
Zach Hudnall
Clint LaFrance
Kevin Hutchinson
Jessica Myers
Ryan Salnoske
Kayla Rupp
Caitlin Wallace
Max Devine

Leadership Team

D.E.L.T.A Force
Matthew Abeyounis
Jeff Browne
Brittany Browne
Shaun Brest
Bob Brest
Antuan Byalik
Lev Feygelson

S.W.A.T. II
Vanessa Menendez
Zach Hudnall
Glenn Stamps
Sebastian Brock

S.W.A.T.
Richard Hudnall
Clint Lafrance
Antjuan Walker
Emmanuel Feygelson
Stephanie Adams
Alex Browne
Jake LaFrance
Cheyenne Ward
Jacob Stein
Michael Harvey

S.T.O.R.M.
Jessica Myers
Kevin Hutchinson
Max Devine
Emmit Necaise
Jamie Bourgeois
Trevor Tippett
Trevor Jansen
Connor McCarthy-Cruse
Victoria McCarthy-Cruse
Tyler Mueller

S.T.O.R.M. cont.
Joseph Pritchard
Shelby Pantel
Andrew Maeso

September Promotions

Adults
Steven Bateman - Shodan-Ho
Kathy Adams - Nikkyu Brown Belt
Cheryl Browne - Nikkyu Brown Belt
Glenn Stamps - Gokyu Green Belt
Roland Hautsch - Nanakyu Blue Belt
Michael Harvey - Hachikyu Blue Belt
Shawn Craig - Hachikyu Blue Belt
Ingrid Fournier - Hachikyu Blue Belt
Ryan Campbell - Jukyu Orange Belt
Bill Martin - Jukyu Orange Belt
Tracy Adams - Jukyu Orange Belt
Bert Grenoble - Jukyu Orange Belt

Teens
Vanessa Menendez - Nikkyu Brown Belt
Kevin Hutchinson - Nikkyu Brown Belt
Max Devine - Yonkyu Green Belt
Caitlin Wallace - Gokyu Green Belt
Allison Moore - Hachikyu Blue Belt
Randy Mozzillo - Hachikyu Blue Belt
Devon Hutcheson - Kukyu Purple Belt

Dragons
Antjuan Walker - Junior Black Belt 4
Hunter Schmitz - Junior Brown Belt 1
Aaron Stamps - Junior Green Belt 1
Jamie Bourgeois - Junior Green Belt 1
Andrew Maeso - Junior Green Belt 1
Victoria McCarthy-Cruse - Junior Green Belt 1
Connor McCarthy-Cruse - Junior Green Belt 1
Shelby Pantel - Junior Blue Belt 3
Daniel Fournier - Junior Blue Belt 2
Joseph Prichard - Junior Blue Belt 2
Tyler Mueller - Junior Blue Belt 2
Trevor Jansen - Junior Blue Belt 2
Demetri Workman - Junior Blue Belt 1

Dragons cont.
Joey Link - Junior Blue Belt 1
Collin Nealy - Junior Blue Belt 1
Ricardo Flores - Junior Purple Belt
Trip Gilmore - Junior Purple Belt
Jake Wertheimer - Junior Orange Belt
Ashley Wandersee - Junior Orange Belt
Katie Carrubba - Junior Orange Belt
Jack Bryant - Junior Orange Belt
Brandon Parks - Junior Orange Belt
Sarah Wandersee - Junior Orange Belt
Victoria Carneal - Junior Orange Belt
Collin Parks - Junior Orange Belt
Phillip Auby - Junior Gold Belt
Nicholas Visalden - Junior Gold Belt
John DeMaria - Junior Gold Belt
Emily May - Junior Gold Belt
Christian May - Junior Gold Belt

Little Dragons
CW Wood - Junior Blue + White Belt
Carter Gilmore - Junior Orange Belt
William Hautsch - Junior Orange Belt
Meagan Link - Junior Orange Belt
Meghan Boyd - Junior Orange Belt
Justin Boyd - Junior Orange Belt
Ian Wildeman - Junior Orange Belt
Adam Stein - Junior Orange + White Belt
James Grenoble - Junior Orange + White Belt
Daniel Smith - Junior Orange + White Belt
Draike Hutcheson - Junior Gold Belt
Michael Adelson - Junior Gold Belt
Alyson Wandersee - Junior Gold Belt
Anthony Abridello - Junior Gold + White Belt

October 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2-B	3-C	4-D	5-E	6-B	7-C Leadership & BBC Team 5:45 PM	8-D
9-E	10-A	11-C	12-D	13-E	14-A Dragon Little Dragon Mini-Camp	15-B Dragon Little Dragon Mini-Camp
16-D Dragon Little Dragon Mini-Camp	17-E	18-A	19-B	20-C	21-E	22-A Tournament
23-B	24-C	25-D	26-A	27-B	28-D	29-D Halloween Party 6 PM
30-E	31-C					

A: Basic Hand and Foot Techniques, +/- Kata
B: Kata, Terminology, Philosophy
C: One-Steps, Yakusoku Kumite, Sparring
D: Self-Defense, Ukemi waza, Grabbing Techniques, Etc.
E: Kata and/or Bunkai