



DOJO NEWS

<http://www.ScottHayesKarate.com>

September 2003

<http://www.usashorinryu.org>

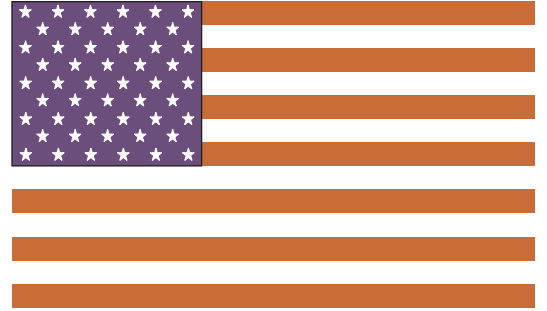
Fall is around the corner. This summer was packed with lots of great fun times. The fun continues this Fall. Look for the special events over the next few months. If you have an idea for an event, just let Shihan Scott know, or talk to any BBC or Leadership team member.

NWC II: The No Whiners Camp was great. Everyone had a great time. The location for this year's camp was new. It took us a little while to settle in and get orientated, but once we did it was full speed ahead! We drew a lot of attention from the other campers at the campground. Some of the highlights include: lots of kata, morning weapons training, sparring in the dark, a surprise test for two students, karate training in the pool, and running around the campground training. We are planing NWC III for next year and are still looking for that "Perfect Spot" so let us know of any good campgrounds. We are also considering moving the date of the camp so let us know what you think.

Flyer Hand Out. I would like to do a MAJOR flyer hand out Saturday September 13th. In the past I have been able to get three groups moving in the neighborhoods. I want to get ten groups working. It is the time people are planing their fall activities and we need to let them know that karate is great! This is a job that everyone can help with. If you want to help let Sensei know. Parents, we can also use some drivers too!!

Mini-Camp: Mark your calendars for September 19 - 21. The September Mini-Camp is going to be great. Rumor has it that Renshi Tucker from Bermuda will be showing up at this camp. I am still working on the schedule for the camp, it will have a slightly different schedule than past camps.

Weapons Camp: There will be a few weapons camps this fall. One in Altavista Virginia, one in Guelph Canada, and one at our Dojo. I will be talking to you to find the date for our Weapons Camp that best fits everyone.



Schedule

<http://ScottHayesKarate.com/news/calendar.cfm>

August 30th

DOJO CLOSED
Labor Day Weekend

September 1st

DOJO CLOSED
Labor Day

September 5th

Leadership Team 7:15 PM

September 12th

Black Belt Club Class 7:15 PM

September 19-21st

Mini Camp

September 20th or 21st TBA

Association Test

September 25th

Belt Presentation

October 3rd

Leadership Team 7:15 PM

October 10th

Black Belt Club Class 7:15 PM

October 24 - 26

Weapons Camp - Altavista

November 14 - 16 ???

Weapons Camp - Newport News

November 21 - 23

Weapons Camp - Canada

February 27 - 29

Winter Camp, Virginia Beach

Let Black Belt Be Your Goal

BIRTHDAYS

August

Stephanie Adams 8/1
 Alex Browne 8/6
 David Snell 8/7
 Godon Weeks III 8/7
 Reed Denison 8/8
 Clint Lafrance 8/9
 Brandon Engle 8/12
 Cheryl Browne 8/14
 Michelle Washington 8/15

September

Mary Hudnall 9/3
 Gordon Weeks, Jr. 9/7
 Jeff Browne 9/13
 Jon Pearl 9/22



See the front desk to make sure we have your correct birth date (Don't panic adults we only need the day and month — not the year). We have left a few people out of the birthday list in the newsletter because we did not have this information. Help us recognize your special day!

BIRTHDAY PARTIES

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Shihan Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

NEW STUDENTS!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

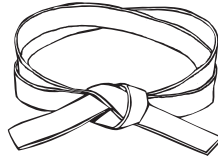
Conor Bourn
 Joseph Eddy

Corey Hariston
 Denhari Hariston

Mariana Yinh
 Victor Yinh

Jon Pearl

WELCOME TO THE DOJO!



BELT TESTS

TEST DATE: SEPTEMBER 19 - 21

*THE SEPTEMBER TEST DATE IS THE WEEKEND OF 19 - 21 DURING THE MINI-CAMP.
 THE EXACT TIME OF THE TEST WILL BE ANNOUNCED ONE WEEK BEFORE.*

NO WHINER CAMP PROMOTIONS

Hunter Schmitz - Dragon Orange Belt
 Max Devine - Myukyu Gold Belt

BLACK BELT CLUB

Justin Brooks	Antuan Byalik	Antjuan Walker	Gordon Weeks III.
Ed Sullivan	Lev Feygelson	Jeff Browne	Brittany Browne
Jodi Sullivan	Emmanuel Feygelson	Clint Lafrance	Alex Browne
Chris Sullivan	Brandon Engle	Jake Lafrance	Bob Brest
Jason Gargaro	Shaun Brest	Stephanie Adams	Kevin Hutchinson
Matthieu Sullivan	David Snell	Jessica Myers	Zach Hudnall
Matthew Abeyounis	Richard Hudnall	Gordon Weeks Jr.	Ryan Salnoske

LEADERSHIP TEAM

D.E.L.T.A Force	S.W.A.T. II	S.W.A.T.	S.T.O.R.M.	Richard Hudnall
Ed Sullivan	Jason Gargaro	Justin Brooks	Lev Feygelson	Antjuan Walker
Jodi Sullivan		Shaun Brest	Carter-Gage Malpass	Clint Lafrance
Matthew Abeyounis		David Snell	Chris Sullivan	Zach Hudnall
Jeff Browne		Antuan Byalik	Matthieu Sullivan	
		Bob Brest	Brandon Engle	
		Gordon Weeks		
		Brittany Browne		

SENSEI'S CORNER

While you watch class at the Dojo, you will notice several students wearing special belts, uniforms, and or patches. These students are Students of the Month, Black Belt Club Members, and student on the Leadership Team. These belts, uniforms, and patches are awards and recognition for their accomplishments at the Dojo.

Student of the Month

The Student of the Month is chosen from the Little Dragon, the Dragon, and the Teen Classes. The Student of the Month is selected as recognition of that student's effort to be the example the other students should follow. The red-white-blue coloring of the special belt easily identifies the Student of the Month. In addition to wearing the special belt for the month, the student is allowed to lead the stretches in class and is used for examples and demonstrations in class.

In choosing a student for the Student of the Month, the instructors look at several factors including:

1. Good class attendance
2. Good class behavior
3. Good attitude in class
4. Gives good effort in class
5. Good grades
6. Good behavior at home & school
7. Good attitude at home & school

Black Belt Club (BBC)

The Black Belt Club is an association of Black Belts and non-black belt students. These students are dedicated to achieving their highest potential. Students in the Black Belt Club wear belts that have a black stripe running down the middle of the belt. This black stripe symbolizes their commitment to becoming a Black Belt.

Requirements for joining the BBC:

1. Orange Belt in rank
2. Demonstrates commitment, dedication, hardworking and positive attitude, and honor
3. Essay on "Why you want to be a Black Belt and why you want to join the BBC"
4. Respect (Rank, Honor, Traditions)
5. Good grades, have 1 grading period to bring C's & D's up
6. Sponsorship from a BBC member
7. Must be able to attend BBC classes
8. Recommended by Instructor

Leadership Team

The Leadership Team is an association of Black Belts and non-black belts who are teachers or are training to become teachers. It is through this program that a Black Belt earns the honorific title of Sensei. This program develops teaching, planning, communication, leadership, organization, and people skills. The skills learned and developed in this program are easily transferred to school and the workplace.

There are several levels within the Leadership Team: S.T.O.R.M. (Super Team of Role Models), S.W.A.T. & S.W.A.T. II (Superior Winning Attitude Team), and D.E.L.T.A. Force (Dedicated, Enthusiastic, Loyal, Teaching Assistants). As the members increase in rank and ability, they move up from S.T.O.R.M. eventually to the D.E.L.T.A. Force. Once they have completed the Sensei Program and passed the examinations, they become certified instructors qualified for N.A.S.K.A.'s Masters Program.

