



# Dojo News

<http://www.ScottHayesKarate.com>

September 2006

September marks the end of Summer and the beginning of Fall. School starts backup. As you get back into your normal routine, remember to put karate back into your routine. Keep an eye on the calendar, the Fall will be busy. If you can think of any events you would like to see, please let Sensei or Nancy know.

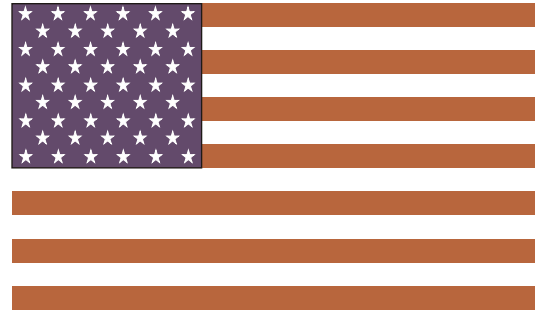
The Summer Break Day Camp was a huge success! Thanks Sensei Shaun, Sensei Brittany, Sensei Sebastian, and Senpai Alex. I want to thank everyone that came to the camp, we could not do it without you. Parents, thank you for your support!

Teen & Adult Mini-Camp will be September 22-23-24. Friday night will be from 6 pm to 8 pm. Saturday will be from 9 AM to 8 PM.

The dojo will be doing flyer handouts throughout the fall. The dojo needs volunteers to help hand out flyers in local neighborhoods. The flyer handout normally takes about an hour. Everyone is welcome to volunteer: students, parents, and friends.

There are some important changes coming this year. Nakazato Sensei has changed the belt order and the kata requirements. Over the next few months the Dojo will make the adjustments. Please see Sensei's Corner for more information.

The Dojo may close due to weather conditions or power outages. If the Dojo closes there will be a message on the Dojo voice mail (595-8380), and power permitting, there will be a message on the web site.



## Schedule

<http://ScottHayesKarate.com/news/calendar.cfm>

September 2nd  
DOJO CLOSED  
Labor Day Weekend

September 4th  
DOJO CLOSED  
Labor Day

September 8th  
LT SWAT 7:15

September 16th  
DOJO CLOSED

September 22-23-24  
Teen / Adult  
Mini Camp

September 23rd  
Test Run 7:00 AM

September 29th  
BBC 5:15

November 10-11-12  
Weapons Camp  
Buckingham County Virginia

November 23-24-25  
Thanksgiving Weekend  
DOJO CLOSED

February 2-3-4  
Winter Camp  
Virginia Beach

### *Students of the Month*

Little Dragons - Alyson Wandersee  
Dragons - Jamie Bourgeois  
Adult / Teens - Shaun Brest

***Let Black Belt Be Your Goal***



**August**

Ian Wildemann 9/2  
 Shawn Craig 9/4  
 Philip Prince 9/6  
 Richardo Flores 9/10  
 Jeff Browne 9/13  
 Allison Moore 9/17  
 Carter Gilmore 9/17  
 Antjuan Walker 9/27  
 Josiah Farnsworth 9/28

**BIRTHDAY PARTIES**

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

**New Students – Welcome to the Dojo!**

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

**Black Belt Club**

**Adults**

Jeff Browne  
 Bob Brest  
 Nancy Brest  
 Kathy Adams

**Dragons**

Antjuan Walker  
 Stephanie Adams  
 Jake LaFrance  
 Alex Browne  
 Cheyenne Ward  
 Emmanuel Feygelson  
 Hunter Schmitz  
 Emmit Necaie  
 Shelby Pantel

**Dragons Cont.**

Joesph Pritchard  
 Tyler Mueller  
 Andrew Maeso  
 Michael Pratt  
 C.W. Wood  
 Katie Carrubba  
 Ian Wildeman  
 Joey Link  
 Trip Gilmore

**Teens**

Matthew Abeyounis  
 Brittany Browne  
 Antuan Byalik  
 Richard Hudnall  
 Lev Feygelson  
 Shaun Brest  
 Sebastian Brock

**Teens Cont.**

Jesse Harrison  
 Zach Hudnall  
 Clint LaFrance  
 Caitlin Wallace  
 Max Devine

**Leadership Team**

**D.E.L.T.A Force**

Matthew Abeyounis  
 Jeff Browne  
 Brittany Browne  
 Shaun Brest  
 Bob Brest  
 Antuan Byalik  
 Lev Feygelson

**S.W.A.T. II**

Vanessa Menendez  
 Zach Hudnall  
 Glenn Stamps  
 Sebastian Brock

**S.W.A.T.**

Richard Hudnall  
 Clint Lafrance  
 Antjuan Walker  
 Emmanuel Feygelson  
 Stephanie Adams  
 Alex Browne  
 Jake LaFrance  
 Cheyenne Ward  
 Jacob Stein  
 Michael Harvey  
 Randy Mozzillo  
 Steve Bateman  
 Kathy Adams

**S.T.O.R.M.**

Max Devine  
 Emmit Necaie  
 Jamie Bourgeois  
 Hunter Schmitz  
 Trevor Jansen  
 Connor McCarthy-Cruse  
 Victoria McCarthy-Cruse  
 Tyler Mueller  
 Shelby Pantel  
 Andrew Maeso  
 Catlin Wallace  
 Kayla Rupp  
 Ashley Wandersee

**S.T.O.R.M. cont.**

Trip Gilmore  
 C.W. Wood  
 Ian Wildemann  
 Joey Link  
 Sarah Wandersee  
 Demitry Workman  
 Katie Carubba  
 Megan Boyd  
 Magan Link  
 Alison Moore  
 Natalie Moore  
 Carter Gilmore

# Sensei's Corner

## **Changes in Belt Color Order**

Nakazato Sensei shifted the belt colors and now requires all schools to match his color sequence. I have been granted permission to have a transition period to move to this new color sequence of rank belts. My goal is to have everyone on Nakazato's new belt color order by the end of the year.

The new belt color order is: White, Gold, Orange, Blue, Green, Purple, Brown, Black. The Purple Belt will now be between Green and Brown. We are keeping the same number of belts and ranks, the Purple Belt is just moving up the scale of ranks.

To accommodate this change the blue belts, green belts, and purple belts will have two levels. The first level will be a belt with no stripe. The second level will be a belt with 1 white stripe. The brown belts will have three levels. The first level will be a belt with no stripe. The second level have 1 white stripe. The third level will have 2 white stripes.

The Dojo will phase these changes over the next several belt test to make the transition run smoothly and to give everyone a chance to adjust to the change.

## **Changes in Kata requirements**

Nakazato Sensei now requires Kusanku Dai, Gojushi Ho, and Gorin for Shodan. We are in a good position to meet these requirements now. This will require very little adjustment. The students preparing for their Shodan test will test on the katas they have learned. Sankyū Brown Belt and below have the time necessary to learn the extra kata.

For the 1996 Olympics Nakazato Sensei created a kata called Gorin. Gorin means "Five Rings". He selected that name to represent the five rings of the Olympic symbol. Gorin is a mixing of the other katas. It is the last kata requirement, but it will be taught along side with the Passai katas.

***It is my goal to make these changes as easy as possible for each of you. If you have any questions, please feel free to talk to me. We have a good, no-pressure transition period. These changes will be gradual and done in a way to make the changes easy to understand.***

## August Promotions

### **Dragons**

Tervor Davis – Jr. Orange Belt

Alexander Balley – Jr. Orange Belt

### **Little Dragons**

Robert Wolf – Jr. Gold + White Belt

Helen Grenoble – Jr. Gold + White Belt

Logan Scharer – Jr. Gold + White Belt

Sarah Carrubba – Jr. Gold + White Belt

