



Dojo News

<http://www.ScottHayesKarate.com>

September 2007

Welcome back! September is a busy month for everyone. As soon as possible, get into your routine and keep training. Keep an eye on the calendar and the bulletin board to see what's coming up.

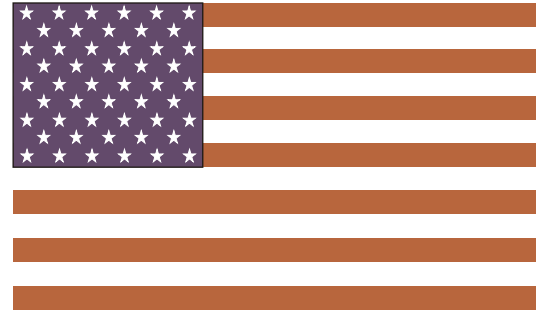
Class Schedule. The new schedule starts Tuesday September 4. Little Dragons will have class Monday, Tuesday, Wednesday, and Thursday at **5:15 PM**. The Dragon class will be **all ranks** Monday, Tuesday, Wednesday, Thursday, and Friday at **6:00 PM**. The Adult and Teen class will be Monday, Wednesday, Thursday, and Friday at **6:45 PM**. There are two special classes on Tuesday. Tuesday at **6:45 PM** is a **TEEN ONLY** class for ages 12 - 18. At **7:30 PM** on Tuesday there is an **ADULT ONLY** class. Adult Weapons class is Monday at **7:30 PM**. Advance Class is Thursday at **7:30 PM**. The Open Weapons Class is at **5:15 PM** on Friday. Black Belt Club and Leadership Team Classes will be as scheduled.

Adult and Teen Mini-Camp will be Friday September 7 and Saturday September 8. Friday night will be from 6 PM to 8 PM. Saturday the Mini-Camp will be from 9 AM to 5 PM. The TEST starts at 8 AM Saturday morning. If you are testing **DO NOT BE LATE**. The next test run will be in December.

Belt Presentation will be Thursday September 27 in class. Remember the belt presentation is a formal event, so please wear the Gi top. Parents please feel free to take pictures so remember to bring your camera.

Students of the Month

Little Dragons - Julie McCullough
Dragons - TBA
Adult / Teens - Rosie McCullough



Schedule

<http://ScottHayesKarate.com/news/calendar.cfm>

September 1

CLOSED Saturday
For Labor Day Weekend

September 3

CLOSED
For Labor Day

September 7-8

Teen & Adult
Mini-Camp

September 14

BBC 6:00 PM
LT TBA

September 24-25-26

Testing

September 27

Belt Presentation

October 13

Project Action Kick-A-Thon

October 19-20-21

Dragon & Little Dragon
Mini-Camp

October 27

Halloween Party 6 PM

November 9-10-11

Weapons Camp

November 22-24

Thanksgiving
DOJO CLOSED

Let Black Belt Be Your Goal



September

Ian Wildemann 9/2
 Julie McCullough 9/2
 Shawn Craig 9/4
 Ethan Ott 9/4
 Jeff Browne 9/13
 Tanita Santiago 9/13
 Allison Moore 9/17
 Carter Gilmore 9/17
 Antjuan Walker 9/27
 Josiah Farnsworth 9/28

BIRTHDAY PARTIES

Have your birthday party at the Dojo. These parties are very flexible and we can easily accommodate your birthday wishes. Talk to Sensei Scott or the front office, and we'll do our best to be sure this birthday party is one you won't soon forget.

New Students – Welcome to the Dojo!

The Dojo wants your friends! Tell your friends about the Dojo. Tell them how much you like doing karate. Bring your friends to the Dojo. Go to the front desk and ask for a week pass for your friend!

Black Belt Club

Adults

Jeff Browne
 Bob Brest
 Nancy Brest
 Kathy Adams

Teens Cont.

Alex Browne
 Jamie Bourgeois
 Tyler Mueller
 Joesph Pritchard

Dragons Cont.

Michael Adelson
 Carter Gilmore
 Demitry Workman
 Eric Workman
 Megan Link
 Meghan Boyd
 James Grenoble
 Ben Hancock

Teens

Matthew Abeyounis
 Brittany Browne
 Antuan Byalik
 Richard Hudnall
 Lev Feygelson
 Shaun Brest
 Sebastian Brock
 Joey Prichard
 Caitlin Wallace
 Antjuan Walker
 Stephanie Adams
 Jake LaFrance

Dragons

Emmanuel Feygelson
 Hunter Schmitz
 Emmit Necaie
 Andrew Maeso
 Michael Pratt
 C.W. Wood
 Katie Carrubba
 Ian Wildeman
 Joey Link
 Trip Gilmore

Leadership Team

D.E.L.T.A Force

Matthew Abeyounis
 Jeff Browne
 Brittany Browne
 Shaun Brest
 Bob Brest
 Antuan Byalik
 Lev Feygelson
 Sebastian Brock

S.W.A.T.

Antjuan Walker
 Emmanuel Feygelson
 Stephanie Adams
 Alex Browne
 Jake LaFrance
 Michael Harvey
 Steve Bateman
 Kathy Adams
 Jamie Bourgeois
 Hunter Schmitz
 Ashley Wandersee
 Trip Gilmore

S.W.A.T. Cont.

Joey Link
 Sarah Wandersee
 Demitry Workman
 Katie Carubba
 Megan Boyd

S.T.O.R.M.

Emmit Necaie
 Trevor Jansen
 Connor McCarthy-Cruse
 Victoria McCarthy-Cruse
 Tyler Mueller

S.T.O.R.M. Cont.

Andrew Maeso
 Catlin Walace
 C.W. Wood
 Ian Wildemann
 Magan Link
 Alison Moore
 Natalie Moore
 Carter Gilmore

Sensei's Corner

August Promotions

Dragons

Jacob Crowson – Junior Orange Belt
James Grenoble – Junior Green Belt 3
Trip Gilmore – Junior Purple Belt 2
Joey Link – Junior Purple Belt 3

Little Dragons

Ethan Ott – Junior Gold + White Belt
Ethan Hancock – Junior Gold Belt
Helen Grenoble – Junior Orange Belt

Dojo T-Shirts

During the warmer parts of the year, some students like to wear a dojo T-Shirt in place of their gi top. You can get the dojo T-shirts in the front office. Only dojo T-shirts may be worn in place of the gi top, other T-shirts are not allowed.

Project Action Kick-a-Thon

The dojo will participate in the Project Action Kick-A-Thon on October 13 at 2 PM. Last year Mayor Joe Frank visited the dojo during the kick-a-thon as 54 students did 75,600 kicks and raised \$2987 for local at-risk children.

This is the Fifth Annual National Martial Arts Day. We will be seeking proclamations from Governor Kane and Mayor Frank. This is Project Action's Ninth Annual World Record Kick-A-Thon. The Kick-A-Thon participants will be trying to break the previous World Record of 8,380,119 kicks performed simultaneously nationwide in one hour. The money each studio raises will help needy children in the community in which it was raised. Saturday, October 13, 2007, National Martial Arts Day, thousands of martial artists across the United States will be attempting to break a World Record for the most kicks executed in one hour simultaneously across the country. They will also be raising money for Project Action to fight juvenile crime and keep children out of gangs. National Martial Arts Day (NMAD) is being organized by Project Action Foundation to promote the many positive benefits of martial arts training. Governors across the country are issuing proclamations giving NMAD official recognition and mayors and other public officials are attending events and festivities in their communities. The Project Action Foundation is a national award-winning children's charity whose mission is to prevent juvenile crime by providing disadvantaged and "at-risk" children the opportunity to become involved in physical and cultural arts programs, working with martial arts, dance and gymnastics schools.

Sparring Gear

The Dojo has limited sparring gear students may borrow for sparring class. Students should have their own set of sparring gloves by the time they are Orange belts. They should have their own sparring helmet by the time they are Blue belts. Don't forget the mouth pieces. Hey guys, groin protection is required so wear an athletic cup. Please remember to put your name or initials on ALL of your sparring gear. You can get all your sparring needs at the dojo.

Lost and Found

Over the summer (and from the spring) the dojo has acquired a large collection of "STUFF" in the lost and found. Uniforms, sparring gear, clothes, shoes, jackets, and other stuff. Please check the lost and found for stuff that belongs to you. Leftovers will be discarded at the end of the month. Please remember to label all items you bring to the studio so they can be returned to you.



Mayor Joe Frank

September 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1-A
2-B	3-C	4-D	5-E	6-B	7-C Adult & Teen Mini-Camp	8-D Adult & Teen Mini-Camp
9-E	10-A	11-C	12-D	13-E	14-A BBC 6:00 PM LT TBA	15-B
16-D	17-E	18-A	19-B	20-C	21-E	22-A
23-B	24-C	25-D	26-A	27-B Belt Presentation	28-C	29-D
30-E		A: Basic Hand and Foot Techniques, +/- Kata B: Kata, Terminology, Philosophy C: One-Steps, Yakusoku Kumite, Sparring D: Self-Defense, Ukemi waza, Grabbing Techniques, Etc. E: Kata and/or Bunkai				

Fall Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15 PM Little Dragons	5:15 PM Little Dragons	5:15 PM Little Dragons	5:15 PM Little Dragons	5:15 PM Weapons	
6:00 PM ALL Dragons	6:00 PM ALL Dragons	6:00 PM ALL Dragons	6:00 PM ALL Dragons	6:00 PM ALL Dragons	10:30 AM Sparring Dragons & L. Dragons
6:45 PM Teens / Adult	6:45 PM Teens	6:45 PM Teens / Adult	6:45 PM Teens / Adult	6:45 PM Teens / Adult	
7:30 PM WEAPONS	7:30 PM Adults	7:30 PM Iaido	7:30 PM Advance Brown - Black		